

MANIFEST

Part 2: Prayer and Fasting

Mark 6:1-13

Last week, we introduced the concept of **manifesting**: being bold and unafraid, showing the world the love and power of Jesus. As we manifest, we must fight against our unbelief. In Jesus's hometown of Nazareth, although He had done many mighty miracles in other places, the people would not permit Him to do any work because of their unbelief. Today also, when we have unbelief, it hinders the power with which God works through us. We should be like the disciples in this passage: Jesus gave them power and a task to do, *and they did it!*

Mark 9:14-29

v.24 This is a prayer that we need to pray, often: "help my unbelief, Lord!" We often don't realize that we are harboring unbelief, which can come in from influences that aren't from God. All things are possible for the one who believes!

v.29 There are some needs that can only be met; some power that can only be released through prayer and fasting. As we approach this time of consecration, let's get excited to grow closer to God, that He may use us to better help another.

Judges 15:16-19

v.18 The Lord had just given Samson a great victory; yet still, Samson doubted the God would sustain him. If even someone with such a great power like Samson could allow unbelief to creep in, we should guard against it all the more.

Mark 16:14-18

v.14 Jesus needed to rebuke the disciples' unbelief. We rebuke our unbelief through prayer and fasting.

To overcome unbelief and doubt, you can practice on your pets. The extra practice will give you boldness; and, after all, the Scripture does say, "Go into all the world and preach the gospel to every creature."

v.15-18 When we believe, these things will happen! This kind of power comes through belief, which is grown through prayer and fasting.

Let's take a new outlook on prayer and fasting. Let's look at it as removing every ounce of unbelief to help the people that need to experience the power of God through our lives. We are already powerful. Prayer and fasting grows that power!