

Matthew 15:8-9, 11, 19-20

The Heart in the Bible refers to your mind and your understanding. It includes your feelings, your will, and your intellect. In essence, it is what controls and guides your life. Our relationship with God is about what comes out of our heart–not just the actions we do.

James 3:3-8

To tame the tongue, one must go to the source: the heart.

Matthew 6:22

The eyes are the portal through which we let things into our bodies. If we let in evil, it the contents of our heart and what comes out of our mouths via the tongue will also be evil.

The Internet

Is our presence online the same as our physical actions? Anything we do as an expression of communicated thought is "saying," including typing. As discussed above, it comes from our heart. Our posts and pictures should reflect our love for God.

Online, we are driven by an attention economy. In order to get someone's attention, you have to do something more extreme than was done the last time. As believers, we should not be so caught in the rat race for attention that we miss the people around us who are struggling.

What do you do when you see someone who has fallen in this digital world? Some tips:

- -Reach out to them outside of social media
- -Send them a picture of a Bible verse
- -Send a direct message

There is a world of people online who are depressed and stressed out. How can we be the life alert for them? There's a battle online, and the enemy is taking out an entire generation. We can't be asleep at the wheel.

Friendship

- -Scripture teaches interdependence
- -Friends should speak life to you
- -Your words should propel people to their destiny
- -If you have friends that you can't talk about who they are in Jesus the Messiah (YHWH), then they are not your friends

We should be as lighthouses, helping guide people home to Christ.

Revelation 21:6-8; 22:12-20

Will Jesus find our names written in the book of Life, or will He say I never knew you? We have to throw out the lifeline. We are the life alert!